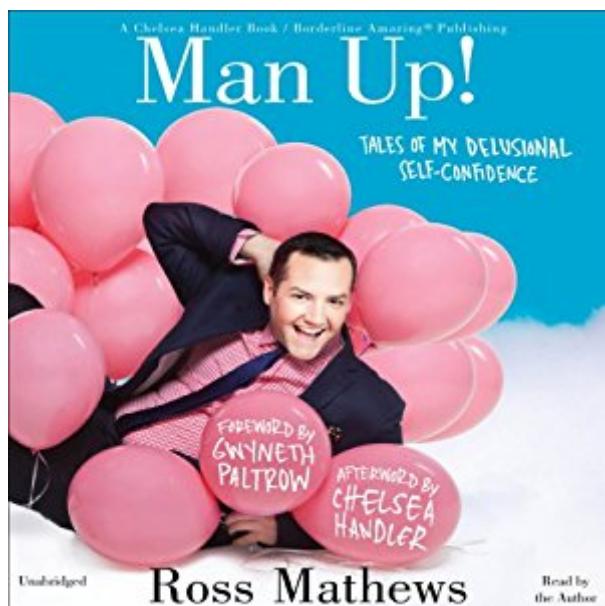


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# Man Up!: Tales Of My Delusional Self-Confidence



## Synopsis

As a young kid growing up in a farm town, Ross Mathews might as well have wished for a pet unicorn or a calorie-free cookie tree to grow in his front yard. Either of those far-fetched fantasies would have been more likely to come true than his real dream: Working in television in Hollywood, California. Seriously, that stuff just doesn't happen to people like Ross. But guess what. It totally did. Now, with his first book, Ross takes us inside his journey as a super-fan, revealing the most embarrassing and hilarious moments of his small-town life and big-city adventures. From learning to swear like a hardened trucker to that time in high school when had to face down the most frightening opponent of all (his girlfriend's lady bits), Ross holds nothing back. Oh, then there's his surprisingly shady past involving the cutest pair of plus-sized women's pajama bottoms, deliciously dangerous pot butter, and embezzled sandwiches. And, of course, how he's managed to turn an obsession with pop-culture into one-on-one interactions with celebrities like Gwyneth Paltrow, Tiffani-Amber Theissen, Madonna, Michelle Kwan, and countless more without ever having a single restraining order issued against him. Infused with Ross's trademark humor, unique voice, and total honesty, *Man Up!* is a mission statement for anyone who doesn't fit the mold. His hasn't been the most traditional way to build a career in Hollywood, but Ross has somehow managed to make his mark without ever compromising who he is. He is as serious about this as he is about *Golden Girls* trivia: You don't need to change who you are to achieve your dreams (although there's nothing wrong with a makeover every now and then). You just need to *Man Up!*

## Book Information

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## Customer Reviews

I saw Ross Matthews on a recent morning show publicizing his book - it sounded interesting, so when offered the Kindle version on a great special, I eagerly purchased it and read it and readers, I was not disappointed. Ross grew up in northwest USA and gives a great intro on life in a smallish town surrounded by rural areas and farming communities. I enjoyed hearing about his childhood and adolescent and his fortunate journey as an intern at the Tonight show. He is upbeat and honest, doesn't have a bad word to say about most people, and lets the reader in on his struggles with people who are not as kind as he is or who look at life with less generosity in their hearts than he has in his. I enjoyed his adventures, his humor, his family. If he writes another book, I would probably read it. I enjoyed this peek into another life a continent away from mine, a generation away from mine. His happiness leaps off the page and into the reader.

I fell in love with Ross when I first saw him at the round table on Chelsea Lately, he so genuine, kind, FUNNY, humble and just himself and this is exactly what he shows in his book. There should be more people like Ross in the world because he really makes this world a better place. His book is one of those books that makes you forget about your problems, and will make you laugh while you read every single page, by the end of the book you will LOVE LOVE LOVE Ross. If you ever read this Ross I just want to tell you that you achieved your dreams because in the same way you look up to Oprah I look up to you and admire how you Man Up :) in every single situation in your life and you are still yourself. you are one of the funniest people on TV you make me love comedy even more. I went to see you in DC and I couldnt stop laughing.

Ross comes across superficially as fluffy and a little lightweight, but that's far from the truth. He's actually a very strong individual who's managed to maintain a pretty positive outlook on life in spite of several hurdles along the way. This book is a charming, candid, funny read and very well written to boot. You find that you actually hope that you have become Ross' best friend as a result of reading it, as he sounds like a fine friend to have. What looks to have been good fortune and chance encounters is in reality more a product of being true to himself, keen to work, and charming. Ross was in the right place at the right time because he wanted to be; he was given opportunities because he deserved them - he's smart, witty and very much himself, and this comes across in his writing.

While I enjoyed reading this book, I had expected a lot more stories about his celebrity encounters,

and not whole chapters about such things as butternut squash and his jobs at McDonald's and Lane Bryant. Ross has been in a unique position for years, interviewing celebrities from a fan's viewpoint, yet we get very little detail about his years on the Tonight Show, or his thoughts on all the famous people he's met. I didn't want a gossipy tell-all, but rather his unique "take" on the Hollywood scene and stars. Also, the book jumps around chronologically, so just when you think his Tonight Show career will be the focus, we go back in time to a whole chapter on his jobs at McDonald's and Lane Bryant. Maybe he's saving the good Hollywood tales for his next book ? Hope so.

I am completely and totally in love with Ross and his adorable wit and character. I am a very happily married, straight woman. Yet, I can totally relate to his engaging and honest story. We do not all encounter the same path in life. We do not experience the same disappointments, triumphs, losses and dreams, we are all guaranteed one thing; our own path in life. Ross walks his path with confidence, grace and humor. He proudly encourages you, to be you. I recommend this book to everyone. Especially someone who has dreams. Anyone who has experienced heartbreak or sorrow. And to all of you who need a gay best friend!

Yes, Mr. Mathews is 'gay'. So, if that bothers you, then move on to something else. But, if you can accept a person for who he (or she) is AND want a ROTFLMAO read, then Ross is your man.I first heard of Ross Mathews from watching the "Chelsea Lately Show". Then, saw him doing interviews at various Red Carpet events for "E!". He is funny wherever I see him!Although I am heterosexual, this book is wonderful, intelligently-written humor about life as seen through Mr. Mathews' eyes. He helps me see the humor is ALL aspects of life ... and people, including myself. So, if you can laugh at yourself, then this book is even funnier, I believe.My thanks to Chelsea Handler, "E!", and of course Mr. Mathews' parents for allowing me to enjoy this very funny man.

I was staying with a friend on vacation and grabbed this book off her shelf. This was two years ago. I remembered laughing very hard, trying not to wake anyone up, tears rolling down my face. Did I buy the same book? I barely chuckled over the book I purchased on . It had it's high points, but it mostly read like all of Chelsea Handler's books. It was alright, but it wasn't the book I remembered it being. Maybe something in the air in Chicago made me find things 100x funnier?

If you like Ross Mathews after this book you will LOVE him!! If you love Ross Mathews you will email him, and request to be his new bestie!! After reading his first book, you will realize what you

see is not what you get there are many dimensions that make him who he is which is in my opinion a truly nice guy and a good person!! Ross (since i feel i know him so well now) is a wonderful writer - the book is filled with great stories of him growing up - His amazing rise to stardom and much more!! - He is open, honest, and funny. His sensitivity and kindness are really shown thruout the book. This is a quick read - and when it ends, you will be wishing for more!! -

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Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Man Up!: Tales of My Delusional Self-Confidence Confidence: Gorilla Confidence - Simple Habits To Unleash Your Natural Inner Confidence (Self Esteem, Charisma, Personal Magnetism & Self Confidence) Confidence: Gaining the Confidence You Need to Succeed in Life.: Easy Tips & Tricks on How to become more Self Confident and Gain Creative Confidence (Confidence: ... Person You've Always Wanted to be. Book 1) Self Love: F\*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion, Love Yourself, Affirmations Book 3) Charisma: Discover How to be More Charismatic, Enhance Your Social Skills and Create a Magnetic Aura: Confidence Hacks (Charisma, Confidence, Self Confidence, ... Influence, Persuasion, Mind Hacks, Book 7) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) NAVY SEAL: Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self Control, Mental Toughness (Navy Seals Mental Toughness) How to DECLUTTER Your Mind: How to Regain your Self Esteem & Self Confidence: How to Stop Worrying and Relieve Anxiety: Deliver Me From Negative Self Talk Self-Discipline: Self-Discipline of a Spartan Trough: Confidence, Self-Control and Motivation (Motivation, Spartan, Develop Discipline, Willpower) Self Love: Raising Your Self-Confidence & Self-Esteem NAVY SEAL DISCIPLINE; The Ultimate Guide to Self-Discipline & Control like a US NAVY SEAL: Gain Incredible Self Confidence, Motivation & Discipline.: Self-Discipline: ... Guide (NAVY SEAL WARRIOR GUIDES Book 1) Self-Therapy for Your Inner Critic: Transforming Self Criticism into Self-Confidence How To Say No (For Teens) (When I Say No I Feel Guilty, Self Confidence, Teen Self Help, Self Help Books for Women, Social Skills Book 1) The ADHD Workbook for Kids: Helping Children Gain Self-Confidence, Social Skills, and Self-Control (Instant Help) Boundaries : The Power Of NO (Codependency, Social Anxiety, Assertiveness, Self Confidence, Self Esteem, Toxic Relationships) Emotional Intelligence: A Mastery Guide to Controlling Your Emotions, Improving Your Self-Confidence, and Raising Your Self-Awareness High Self Esteem Hypnosis Bundle: Boost Your Confidence, Know Your Worth and

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